



Mental Health Awareness Training for Education Professionals - E-Learning

Course Aim

This Mental Health Awareness Training for Education Professionals course aims to help raise awareness of ill-mental health, offer guidance for daily wellbeing-management and seeks to break the stigma surrounding mental ill-health.

Around 67% of teachers report themselves as stressed. Happy staff equal healthier, more productive and more successful staff.

Available in over 35 languages

Our courses are machine translated* into a variety of popular International languages, so regardless of location or language preference, we've got you covered. Our machine translated content includes the translation of course transcripts and test questions.

**Content which is not English may be machine translated and is for assistive purposes only. We cannot guarantee the accuracy of translations.*

Who Should Attend?

This course is suitable for delegates who are Education Professionals.

Course Duration

This is a 40 minute course.

Agenda

The course modules cover:

- Mental Health in Education
- Mental Health Problems
- Wellbeing toolkit
- External Help

Certification

Delegates will receive a HSS printable certificate in Mental Health Awareness Training for Education Professionals upon completion of the course.

This course is approved and accredited by Skills for Care.